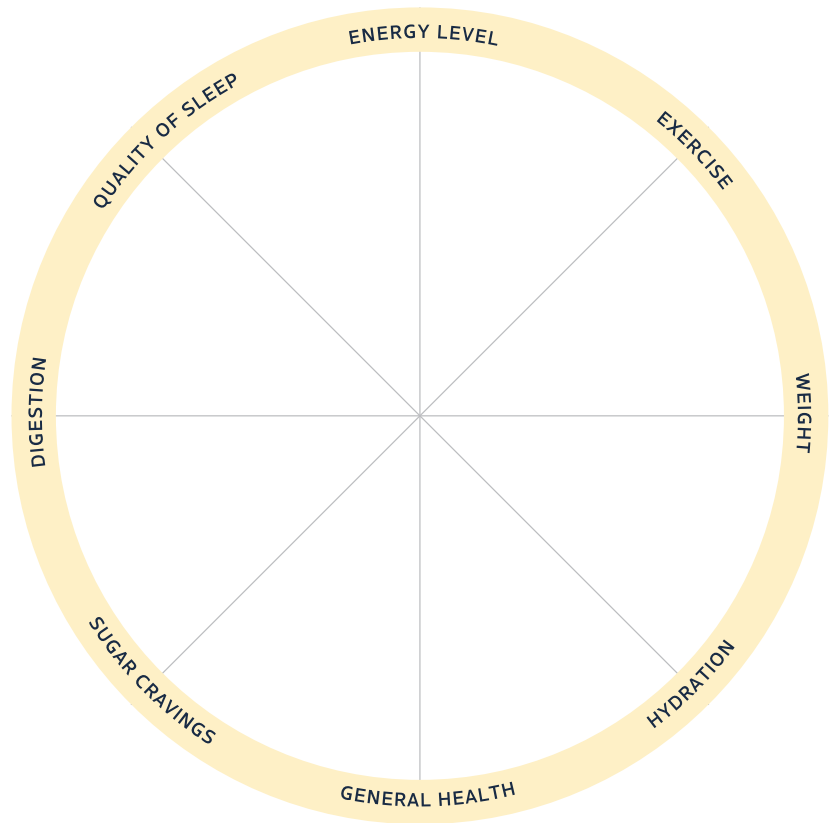


## YOUR WELL-ROUNDED LIFE

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### CIRCLE OF HEALTH

Place a dot on each line of the corresponding area of your health. A dot placed closer to the centre indicates dissatisfaction, while a dot placed closer to the outer edge indicates close to optimum in that area.



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DATE COMPLETED

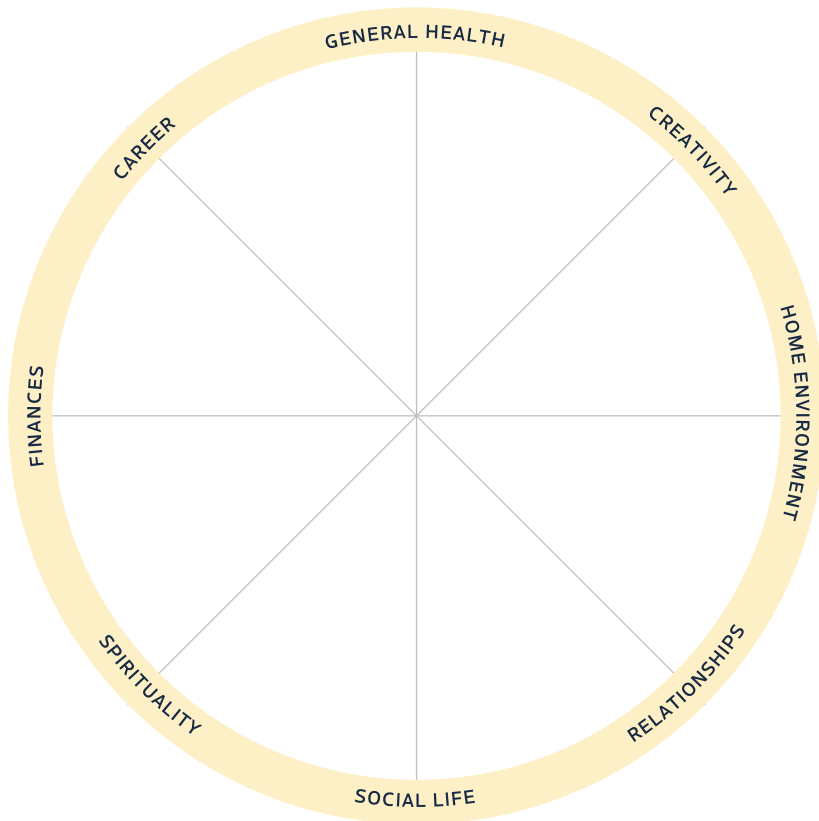


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